

BLACKBURN AND EAST LANCASHIRE BREAST CARE SUPPORT GROUP

www.breastcancereastlancs.org



WE HAVE MOVED!

As from Tuesday, 6th August 2024
our meetings are being held at

THE BEARDWOOD HOSPITAL,
Preston New Road, Blackburn, BB2 7AE
from 7pm to 9pm.

Welcome to everyone coming to the group!

We meet on the first Tuesday of the month in the dining room at The Beardwood Hospital. We usually have a speaker followed by time for members to chat over a cuppa.

Contacts:

Michelle Farnworth
07866 060617

Maggie Dixon
07719 709503

Ruth Loft
01254 262324

Val Lovell
01254 698716

PROGRAMME

AUGUST TO DECEMBER 2024

AUGUST 6TH

Talk by Phil Boulding -
"Secret Santa"

SEPTEMBER 3RD

Talk by Sarah Horne -
"Air Ambulance"

OCTOBER 1ST

Talk by Dorothy Bolton -
"The History of Afternoon Tea"

NOVEMBER 5TH

Craft Evening led by members

DECEMBER 3RD

Christmas Party

ABOUT OUR MONTHLY SUPPORT GROUP MEETINGS

A **WARM WELCOME** awaits at our meetings. We understand about waiting for results, receiving a cancer diagnosis and the treatments involved. We hope we can help by inviting you to a meeting where you will meet others in a similar situation. A donation of £2 is requested and refreshments are available.

SUPPORT is essential, whether it is from family members, friends or a specialist group. No matter how confident we may feel a lot of the time, there are always those times when we feel the need for a bit of help. Just knowing there are others who have felt like us and gone through the same anxieties, really does help.

CONTACTS

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|--|----------------------------|--|
| Val Lovell (Treasurer) | 01254 698716 | v.lovell142@btinternet.com |
| Michelle Farnworth (Committee Member) | 01254 53216 / 07866 060617 | MAHJFarn20@yahoo.co.uk |
| Maggie Dixon (Committee Member) | 07719 709503 | magsdixon@hotmail.com |
| Ruth Loft (Secretary) | 01254 262324 | ruth.loft@btinternet.com |

Website: www.breastcancereastlancs.org

Facebook: www.facebook.com/EastLancsBreastCareSupportGroup/



Breast Care Nurses: Tel. 01282 804779 (Burnley General Hospital)

If the answerphone is on, please leave a message and the nurses will return your call.

ABOUT OUR WEEKLY KEEP FIT GROUP

Meets at East Lancashire Hospice, Park Lee Road, Blackburn BB2 3NY

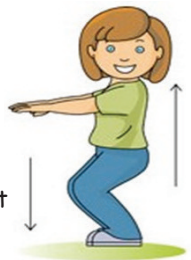
We are the Monday Movers! WEEKLY LADIES' KEEP FIT GROUP

Gentle Exercise, Easy Circuits, Dancercise and Tai Chi
Get Fit after Cancer

Come and join us for exercise and friendship!

We are all at different stages of the cancer journey with different fitness levels depending on ages and cancer treatments.

The group is known as the Monday Movers and the sessions are run by group members.



For further information about the Keep Fit Group which meets at the East Lancashire Hospice on Mondays at 7pm (session is followed by cuppa and chat in the restaurant), contact [Michelle Farnworth](#) or [Maggie Dixon](#) (contact details as above).